

The United Nations Staff Recreation Council



SaluS Well-Being Network

Cordially invites you to attend
Unique Presentation

The **FUTURE of WOMEN'S HEALTH SYMPOSIUM/PANEL & WELLNESS FAIR**

TUESDAY, 27th. of MARCH 2018

UNITED NATIONS SECRETARIAT

HEALTH PANEL & SYMPOSIUM: 12:30 pm to 2:30 pm Conf. Room 12

WELLNESS FAIR: To be held concurrently: In the UN Secretariat Lobby 11:00 a.m. to 3:00 pm

We cordially invite you to attend and be part of this unique educational and transformational presentation: **The UNSRC SaluS Well-Being Network's** series of panel discussions presents: **THE FUTURE of WOMEN'S HEALTH PANEL and WELLNESS FAIR.**

Please join us to discuss the various issues that could help prevent or manage these risks during our lifetime and help change this perspective by raising awareness on **WOMEN'S HEALTH** and Cancer awareness.

In our modern fast paced world women are facing many health challenges that include; mental stress, obesity, fertility problems, diabetes, heart conditions, hormonal imbalances, gender issues, and aging, to mention a few.

The panel of distinguished guests will tackle various topics and issues related to health and well-being that are specific to women and will offer information about the latest studies, health signs to look out for, innovation in medicine, prevention, and mind-fullness. An array of Doctors, Health Practitioners and Wellness professional will be offering their expertise, and free health screenings as well as answering questions and giving information as a community service to the UN Staff and families to help raise awareness on wellness and preventive measures.

George D Kofinas M.D. Reproductive Endocrinology

Dr. Kristy A. Brown, Ph.D., Obesity and Breast Cancer

Dr. Eva Kosta, MD Cardiovascular Disease

Dr. Panagiota Andreopoulou, MD, Endocrinology, Diabetes & Metabolism

Agapi Stassinopoulos, M.S Psychology, Author

Theodore Diktaban, MD, FACSBoard Certified Plastic Surgeon

George Giannopoulos, MSEd, CLT, Exercise Science & Nutrition

Maria Loi, Chef, Author, Ambassador of Greek Gastronomy

Yanna Darilis- BS Phys.Ed, BS Film & Television, Panel Organizer & Moderator

There will be free information tables with qualified experts and practitioners. & Health screening

PLEASE RSVP IF ATTENDING

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Our purpose is to promulgate Good Health and Quality of Life in a harmonious and safe environment for everyone to explore options which will enhance our daily experience. Meet and Greet and be informed of future events.