



**INTERNATIONAL DAY OF HAPPINESS
AT THE UNITED NATIONS**

Sunday, 20 March 2016

The Permanent Missions of the Republic of Palau to the United Nations
The Permanent Mission of São Tomé and Príncipe to the United Nations
The Permanent Mission of the Socialist Republic of Vietnam to the United Nations

Humanity presents:

A Tribute to the
KINGDOM OF BHUTAN



“Happiness and Well-being in the UN 2030 Agenda: Achieving a New Vision of Sustainable Development for the People and the Planet”

PROGRAMME

Morning Session: 9:15 a.m. – 1:00 p.m.

9:15 – 9:30

Opening music provided by International Musician **Russell Daisey**

9:30 – 9:40

Call to order by MCs: **Alizé Utteryn & Shannon Lanier**

9:40 -- 9:45

Chant

Ani Choying Drolma

UNICEF Goodwill Ambassador to Nepal

9:45 -- 9:50

Remarks

His Excellency Mr. Mogens Lykketoft of Denmark

President of the UN General Assembly (VIDEO)

9:50 -- 9:55

Remarks

H.E. Ambassador Angelo A. Toriello

Ambassador, Permanent Mission of São Tomé and Príncipe to the United Nations and Special Envoy of the President of São Tomé and Príncipe

10:00 – 10:05

Remarks

His Excellency Ambassador Dr. Caleb Otto

Permanent Representative of the Mission of the Republic of Palau to the United Nations

10:10 – 10:15

Remarks

Her Excellency Ambassador Kunzang C. Namgyel

Permanent Representative of the Mission of the Kingdom of Bhutan to the United Nations

10:20 – 10:25

Remarks

Her Excellency Ambassador Ms. Nguyen Phuong Nga

Permanent Representative of the Mission of the Socialist Republic of Vietnam to the United Nations

10:30 -- 10:40

Musical Performance:

Pianist Russell Daisey with musicians “Happy People Happy Planet” original song and performance (and Hug A Planet)

10:45 -- 10:50

His Excellency Ambassador Mr. Syed Akbaruddin

Permanent Representative of the Mission of India to the United Nations

10:55 – 11:05

Remarks

H.E. Mr. D.R. Kaarhikeyan

Former CBI Director & Human Rights Commission, India

11:05 – 11:10

Remarks

Sonia Emmanuel

Holistic coach & energy medicine expert

11:15 – 11:25

Cultural performance

FJ Music Fusion

11:30 – 11:40

Keynote

Dr. Dan Haybron

Professor of philosophy, St. Louis University

11:45 – 11:55

Keynote

Dr. Judy Kuriansky

Department of Psychology, Columbia University Teachers College

11:55 – 12:30

Remarks by Ambassadors

H.E. Ambassador Mr. Jean-Francis Régis Zinsou

Permanent Representative of the Republic of Benin to the United Nations

H.E. Ambassador Mr. Nicholas Emiliou
Permanent Representative of the Republic of Cyprus to the United Nations

H.E. Ambassador Ms. Katalin Bogyay
Permanent Representative of Hungary to the United Nations

H.E. Ambassador Mr. Barlybay Sadykov
Deputy Permanent Representative of the Republic of Kazakhstan

Ambassador Hamid al-Bayati
Former Ambassador of Iraq to the United Nations

12:35 – 12:40

Betsy Sawyer
“The Big Book”

12:45 – 12:50

Remarks
Advocate Amerigo Festa
President, United Beings

12:50– 12:55

Remarks
Dr. Fabio Marchesi
Researcher, inventor and Founder, Enthusiasmologia

12:55 -- 1:00

Remarks
Stefano Bizzotto
Representative of Conacreis, Italy

1:05 – 1:15

Remarks
Alessandro Zattoni
Representative, Federazione Damanhur, Italy

1:15 – 1:20

Russell Daisey plays music as
Moderators conclude morning programme and presage afternoon activities, and give instructions

Afternoon Session: 2:45 pm -- 7:00 pm

2:40 – 2:55

Russell Daisey plays music as attendees re-enter

2:55- 3:00

Moderators **Alizé Utteryn & Shannon Lanier** Reconvene/presage programme

3:00 -- 3:10

Keynote

Dr. José Foglia, M.D., Ph.D
Neurologist, the Biology of Kindness

3:15 – 3:20

Remarks

Georgia Nomikos
Greek humanitarian, Chair of the Hellenic Fund

3:25 – 3:35

Keynote

Jim Luce, J. Luce Foundation & N.Y. Global Leaders Lions Club; Guillermo A. Perez, District Governor; Hector Liang, President of the Tribeca Campus Lions Club; and Representative of the Lower East Side Preparatory School Leo Club
“Happiness Through Service”
Global Citizenship Award to H.E. Ms. Katalin Bogyay, Permanent Representative of Hungary to the United Nations

3:40 – 3:50

Keynote

Dr. Fabio Marchesi
Physics of the Soul, Quantum Field Theory, Enthusiasmology THE FIELD Resonance

3:50 – 4:15

Performance

Dr. Paul McKenna, Ph.D.
The Havening technique: Move from upset/depression to a calm, blissful state in minutes using the latest breakthroughs in modern psychology

4:15 – 4:30

H.E. Mr. Angelo A.Toriello, Dr. Fabio Marchesi, Dr. Paul McKenna, Ph.D., Dashama Konah, Adv. Amerigo Festa
Preparation for the FIELD Resonance Medit-Action

4:30 – 4:51

Performance

THE FIELD Resonance Medit-Action: a 21-Minute experience
All participants in the Hall, in Resonance and in Communion of Intent, with Individuals and Groups around the World, will generate a Field of Anticipated Joy and Gratitude, that will reach, envelope, and fill all Humanity.

4:52 -- 5:10

Performance

Dashama Konah
Journey to Joyful

5:15 -- 5:25

Musical interlude

Russell Daisey and musicians: medley of International Happy Music

5:30 – 5:40

Remarks

Nikolas Grasso

5:45 – 5:55

Remarks

Patrizia Coppola & Roberto Cossa

Representatives, United Beings, Italy

6:00 – 6:10

Remarks

Dr. Francesca Festa

Youth representative movements

6:15 – 6:20

Remarks

Michelle Breslauer

Measuring Peacefulness

6:25 – 6:35

Dance performance

Nalini Rau and students

Director, Natya Anubhava Academy of Classical Dance

6:40 – 6:50

Performance

Amerigo Festa, Advocate

Testimony of happiness beyond time

6:55 – 7:00

Devotional song “NIRVANASATKAM”

Giuseppa Camerino

7:05 – 7:10

Remarks

Robi Spagnolo

Gemologist

7:15 – 7:30

Closing ceremony

Reprise of music by **Russell Daisey**, musicians, singers

Buddhist chants: **Ani Choying Drolma**