



PERMANENT MISSION
OF THE PRINCIPALITY OF LIECHTENSTEIN
TO THE UNITED NATIONS
NEW YORK



Permanent Mission of Sri Lanka
to the United Nations



MEXICO
Permanent Mission of Mexico
to the United Nations



संयुक्त राष्ट्र सङ्घका लागि नेपालको स्थायी नियोग
PERMANENT MISSION OF NEPAL
TO THE UNITED NATIONS



Permanent Mission of the
Principality of Andorra
to the United Nations



Permanent Mission of India to the UN
New York

On 6 December 2024, the United Nations General Assembly declared 21 December "World Meditation Day". The resolution tabled by a core group of States, consisting of Liechtenstein, Andorra, Mexico, Nepal, India and Sri Lanka, was adopted by consensus and cosponsored by more than 70 Member States from all regions of the world – underlining the relevance and universality of meditation.

On the occasion of the first "World Meditation Day"
the Permanent Missions of Liechtenstein, Andorra, Mexico, Nepal, India and Sri Lanka
invite you to a celebratory event

Meditation - Its Universality and Relevance in the 21st Century

Friday, 20th December 2024, 1.15 – 2.45 pm
at the Permanent Mission of Sri Lanka to the United Nations
820, 2nd Avenue, 2nd Floor, NY 10017

Welcome Remarks by Sugeeshwara Gunaratna, Charge d'affaires a.i., Permanent Mission of Sri Lanka

Moderated by Myriam Oehri, Deputy Permanent Representative and Charge d'affaires a.i., Permanent Mission of Liechtenstein

Video Message by the High Commissioner for Human Rights Volker Türk

Remarks by representatives of the core group members

H.E. Joan Forner Rovira, Permanent Representative of Andorra
H.E. Lok Bahadur Thapa, Permanent Representative of Nepal
H.E. Alicia Massieu, Deputy Permanent Representative of Mexico
Mr. Pratik Mathur, Minister, Permanent Mission of India

Address by Keynote speaker Dr. Tony Nader, a medical doctor trained at Harvard University and Massachusetts Institute of Technology (Ph.D. in neuroscience) and globally recognized Vedic scholar and meditation expert on the topic **"Meditation – its relevance and benefits for modern living"**

Followed by Q&A

A light lunch and refreshments will be served from 12.45 pm. Please RSVP by 17 December via <https://forms.gle/XbNDoGHSMw4aS5Cg9>