

## Your best defense against colorectal cancer

Colorectal cancer is the third most common cancer in the United States and is responsible for a large portion of preventable, cancer-related deaths. Colorectal cancer is a malignant tumor that starts in the colon or rectum, the inner wall of the large intestine.

Since most people experience no symptoms in the early stages of Colorectal cancer, your best defense is early detection. Beginning at the age of 50 (or earlier if family history), it is recommended that all adults begin regular screening, which can detect pre cancerous polyps for removal and reveal early forms of the cancer, which are much easier to treat.

As an Empire member, you are entitled to three different screening tests, which are outlined in the informational flyer below. Speak with your doctor today to discuss risk factors and determine when and how often you should be tested, or visit [empireblue.com](http://empireblue.com) for more information on prevention and testing.

### **Attachments:**



[Empire Colorectal Screening Information.pdf](#)