

## Forests are at the heart of a green recovery from COVID-19 | SOCIAL MEDIA MESSAGES



**Forests support us, especially in times of crisis.**


#UNForests #COVID19 @UNDESA bit.ly/UNDESACovid






**Forests jobs are green jobs.**



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**Keeping forests healthy keeps us healthy.**


 


#UNForests #COVID19 @UNDESA bit.ly/UNDESACovid

Forests are at the heart  of a green recovery from #COVID19. Working to safeguard the world's  forests will help us build back better.

Learn more from @UNDESA's latest policy brief: [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid) #UNForests

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How do we ensure that forests continue to support us, as we recover from #COVID19? 

By investing in ! Our wellbeing and livelihood depend on them!

Learn more from @UNDESA's new policy brief just out! [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid) #UNForests



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 Care for the forests we have and grow  more for a greener future for all.

By doing this, we will recover better from #COVID19!

Learn more from @UNDESA's new policy brief: [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid) #UNForests

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DYK – 60% of all infectious diseases and 75% of all emerging infectious diseases are zoonotic  ?

They are caused by germs moving from animals   to humans  .

Protecting forests and nature is protecting life itself!





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 Deforestation & environmental degradation

 Illegal trade in wildlife

 Climate change

increase our risk of future pandemics. Every action you take to help , protect biodiversity  and reduce your carbon footprint  – will help create a healthy planet  for all.



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United Nations Department of Economic and Social Affairs


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Many essential health  supplies come from forests .




-  Ethanol for hand sanitizers
-  Toilet paper, paper towels and tissues
-  Masks and protective clothing for medical workers.

Learn more: [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid) #UNForests



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#COVID19 could push 34.3 million more people into extreme poverty in 2020. Many of them depend on forests  for food , fuel  & shelter .


This is why it is critical that we protect the world's forests.



Learn more from @UNDESA's latest policy brief: [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid)

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DYK - 40% of the world's poorest people live in forests and savannah areas? Forests provide 1 in 3 people with fuel  and 1 in 5 people with food  and income .

This is why it is critical that we protect the world's forests. [bit.ly/UNDESACovid](https://bit.ly/UNDESACovid)

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Forests support  our physical, mental and spiritual health .

Being in a forest or park  can

-  boost your immune system, lower blood pressure
-  reduce stress, improve mood and relaxation.