



Food and Agriculture Organization  
of the United Nations

# FOOD SECURITY AND NUTRITION CONCEPTS: TRENDS AND DATA SOURCES



Presented by:

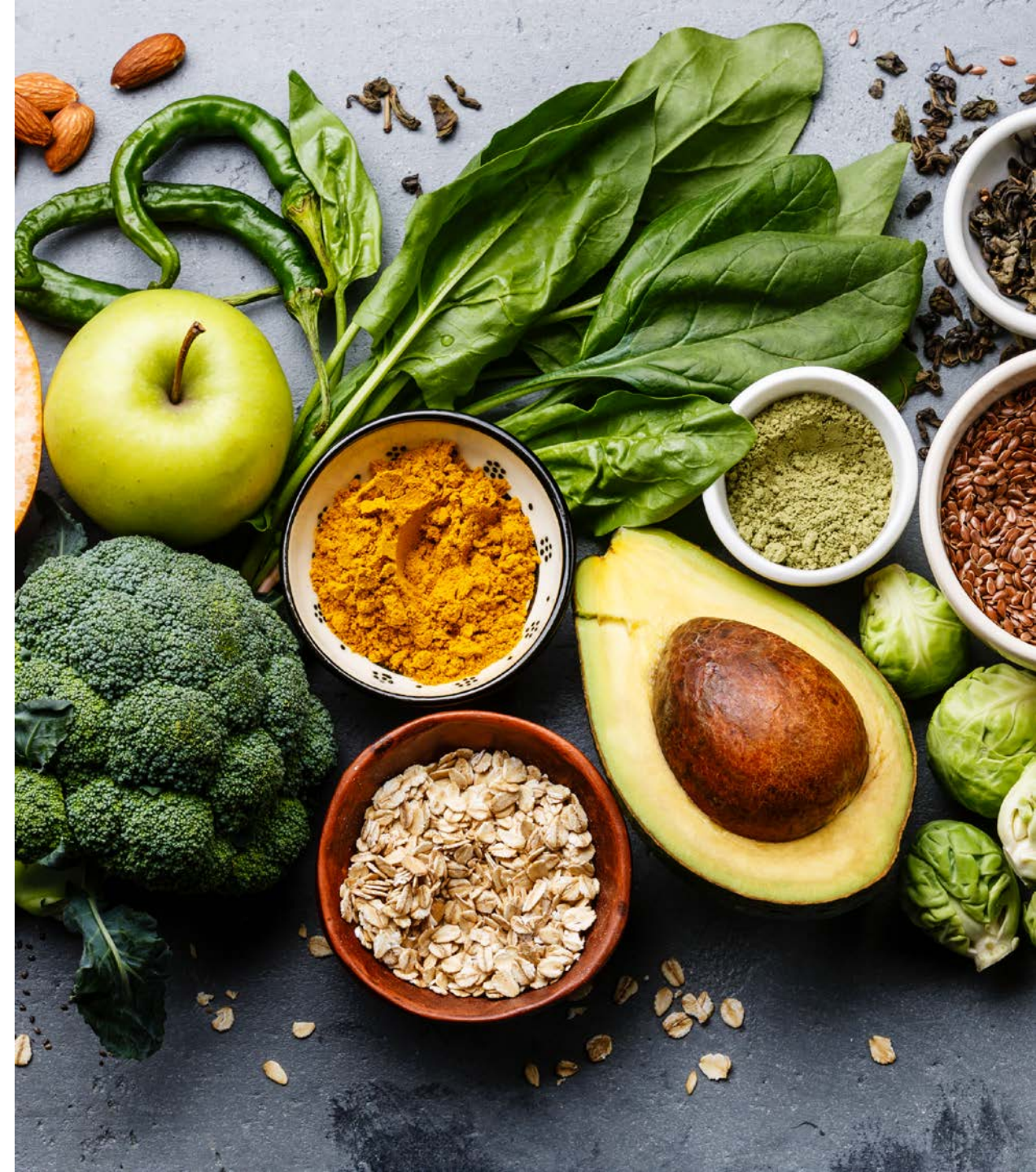
Nancy Aburto, PhD MS

Deputy Director

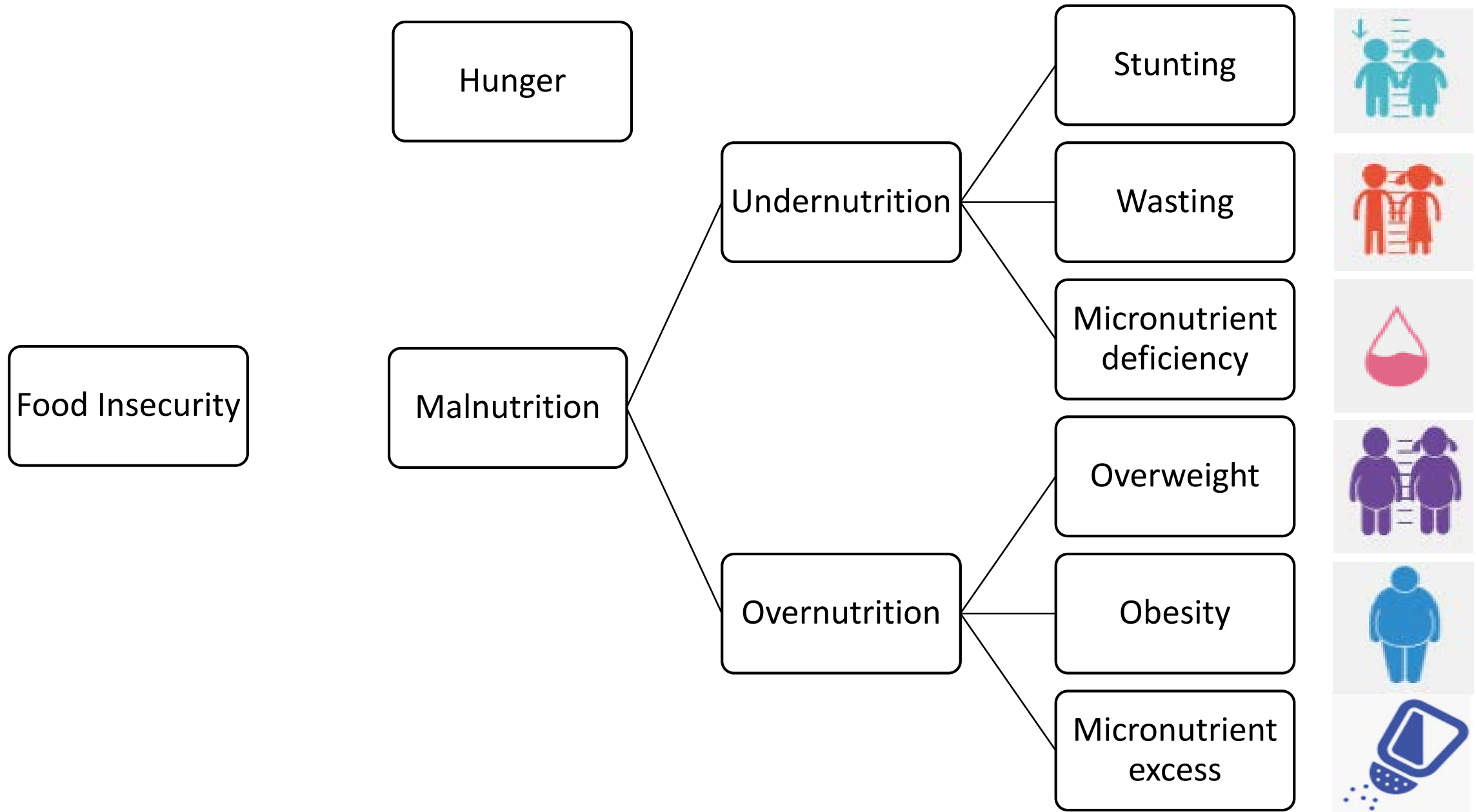
Nutrition and Food Systems Division

# Food Security and Nutrition

- Food Security – a situation that exists when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life.
- Food availability, economic and physical access, food utilization, and stability over time



# Hunger and malnutrition in all its forms

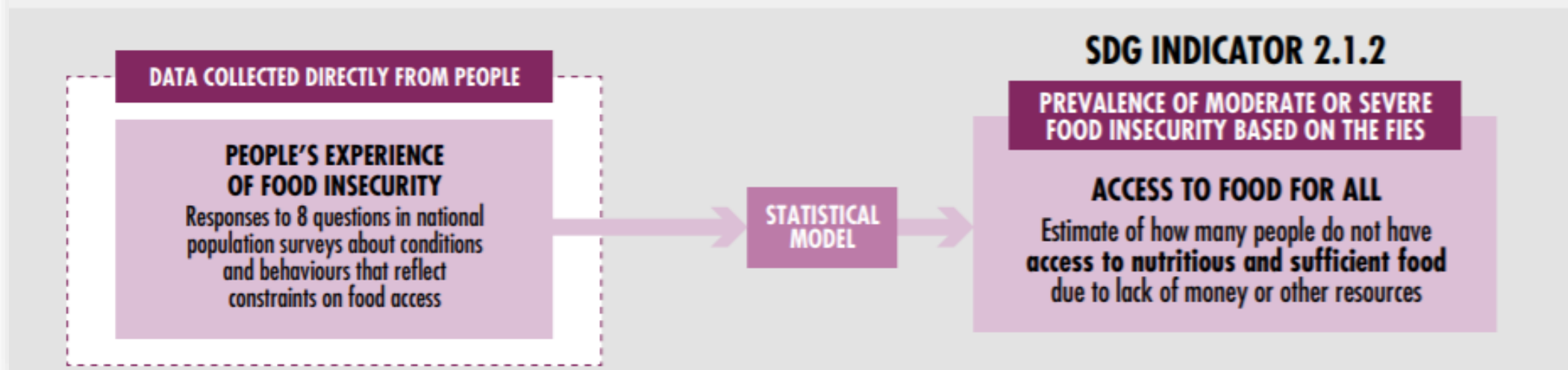
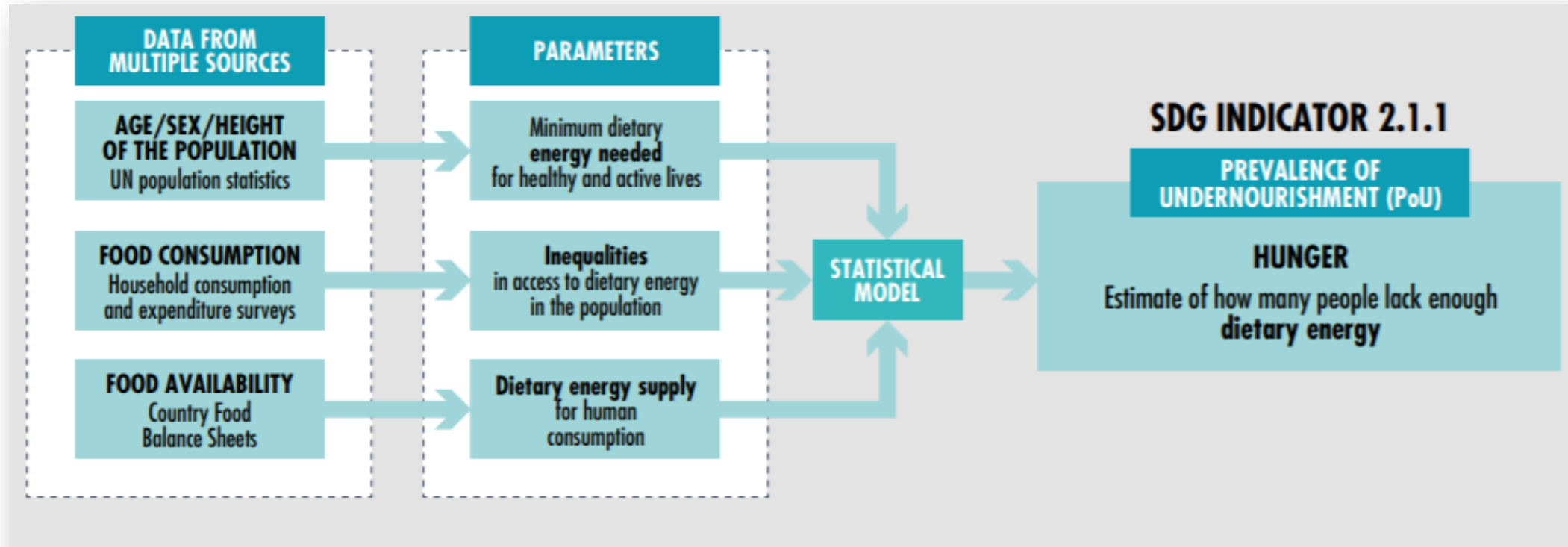


# Sustainable Development Goal 2

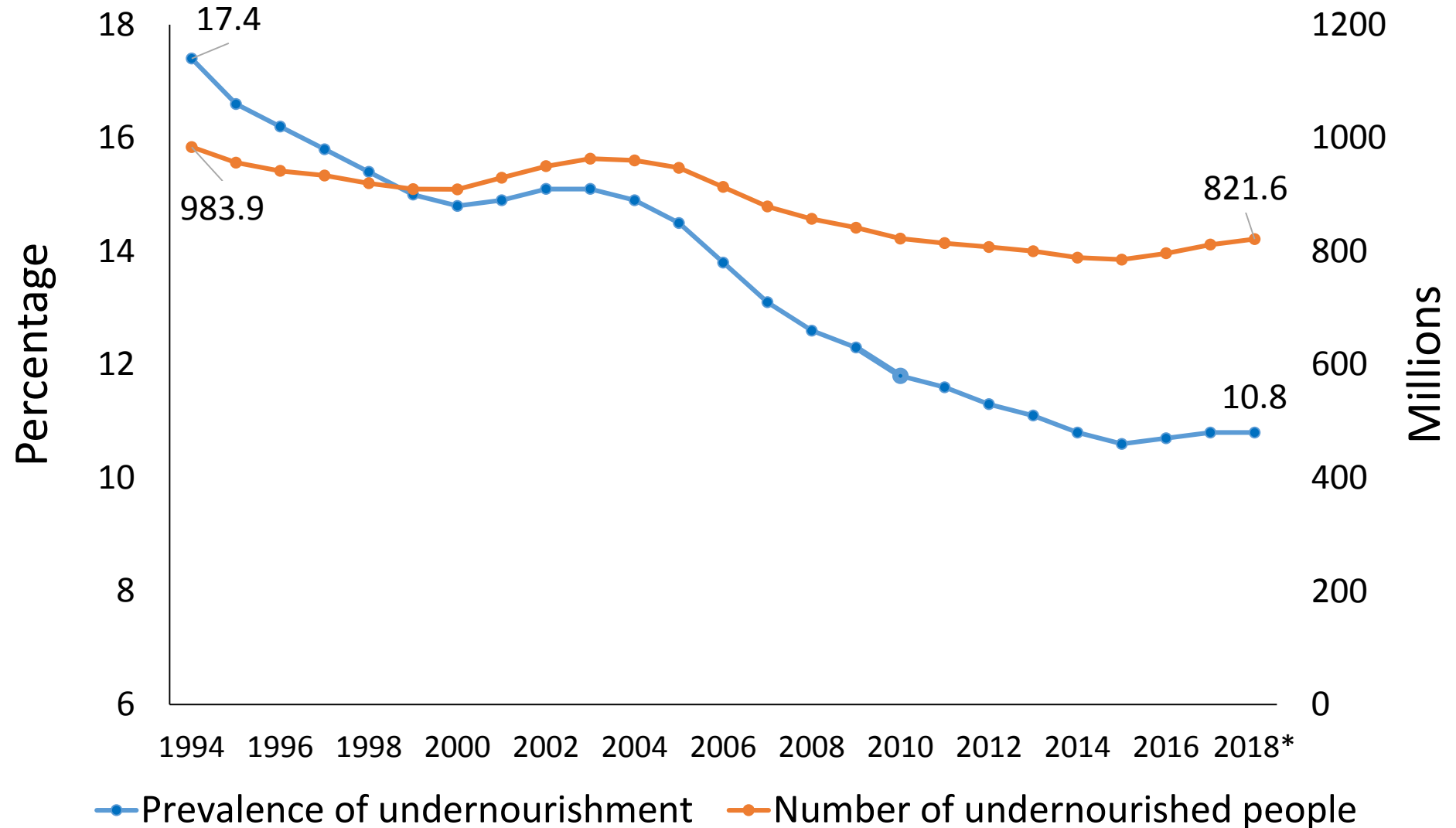


- Target 2.1 – “ensure access by all people [...] to safe, nutritious, and sufficient food all year round”
- Target 2.2 – “eradicate all forms of malnutrition”

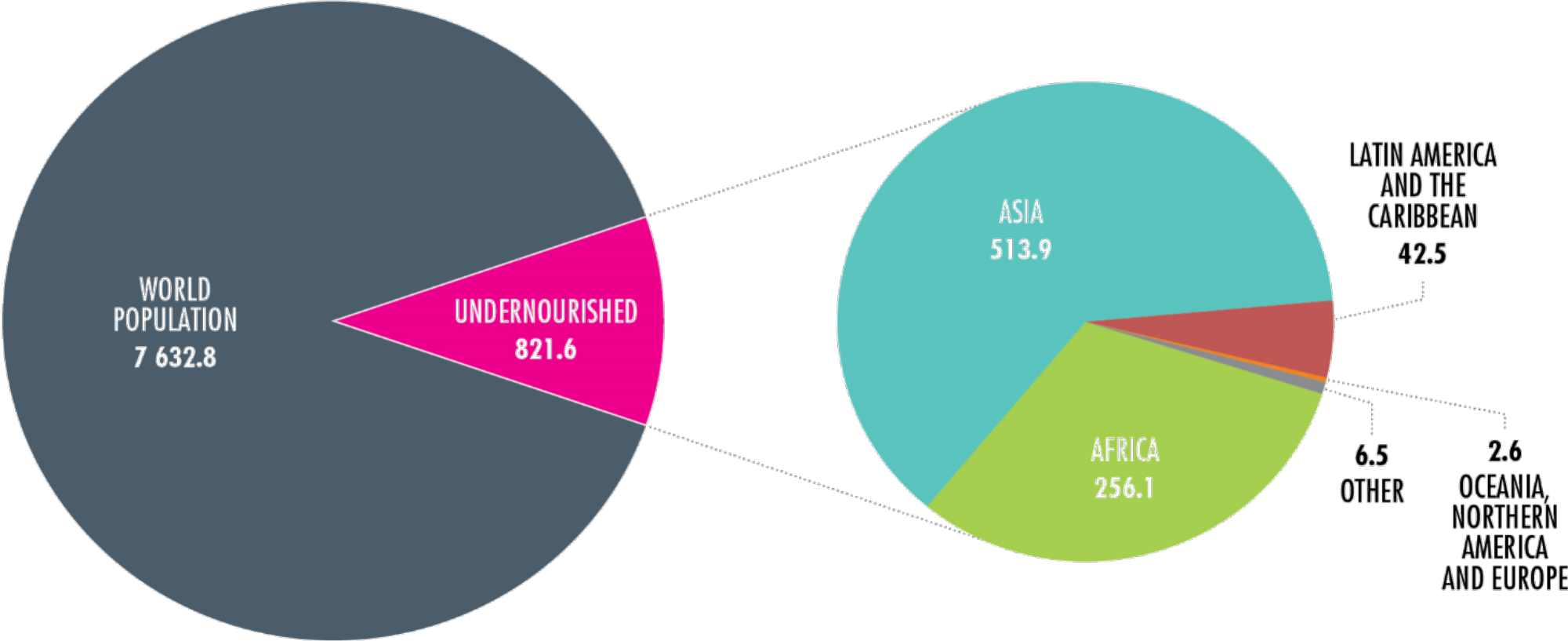
# Indicators Target 2.1



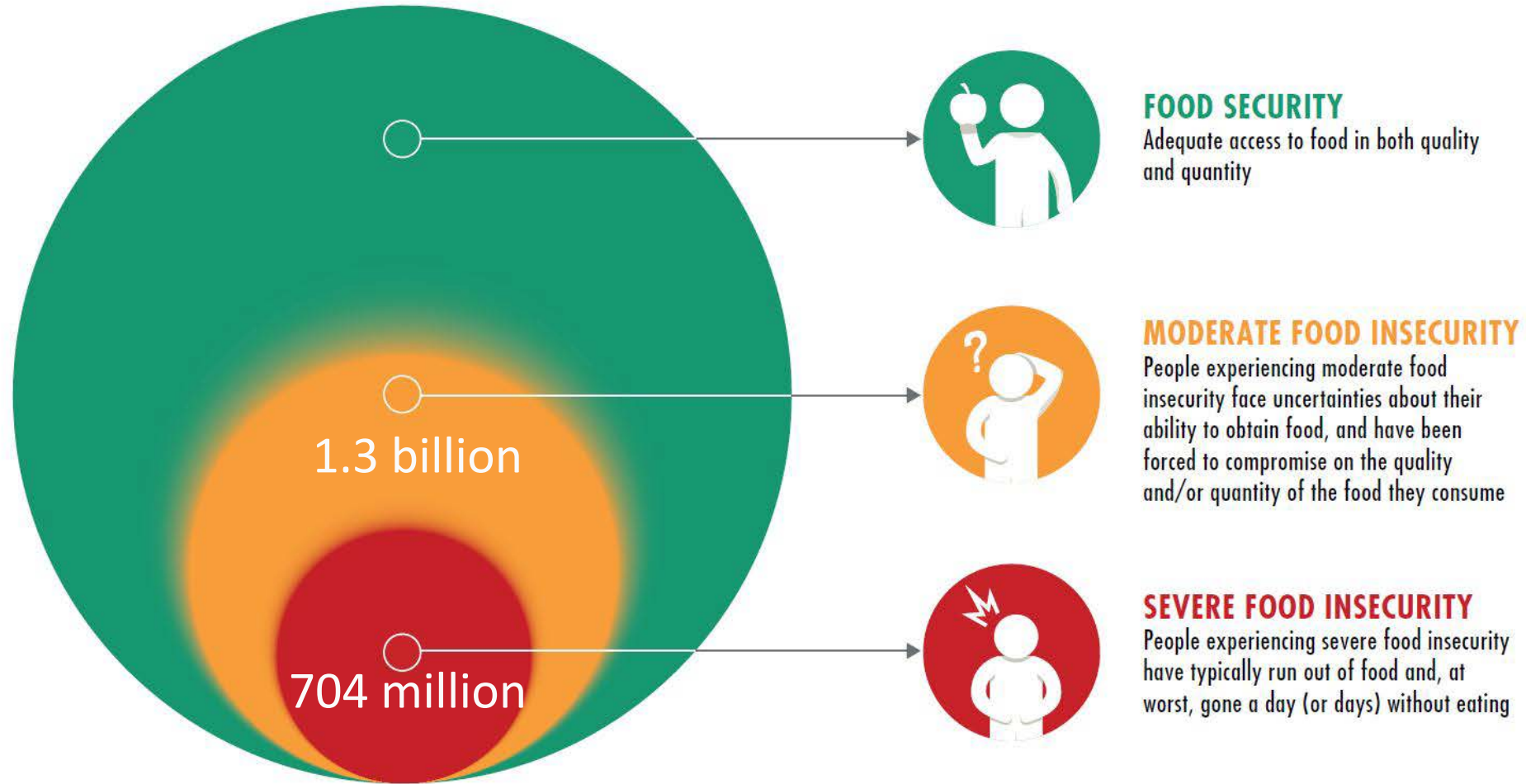
# Prevalence of undernourishment



# Distribution of Undernourishment in the World (Millions) – 2018\*

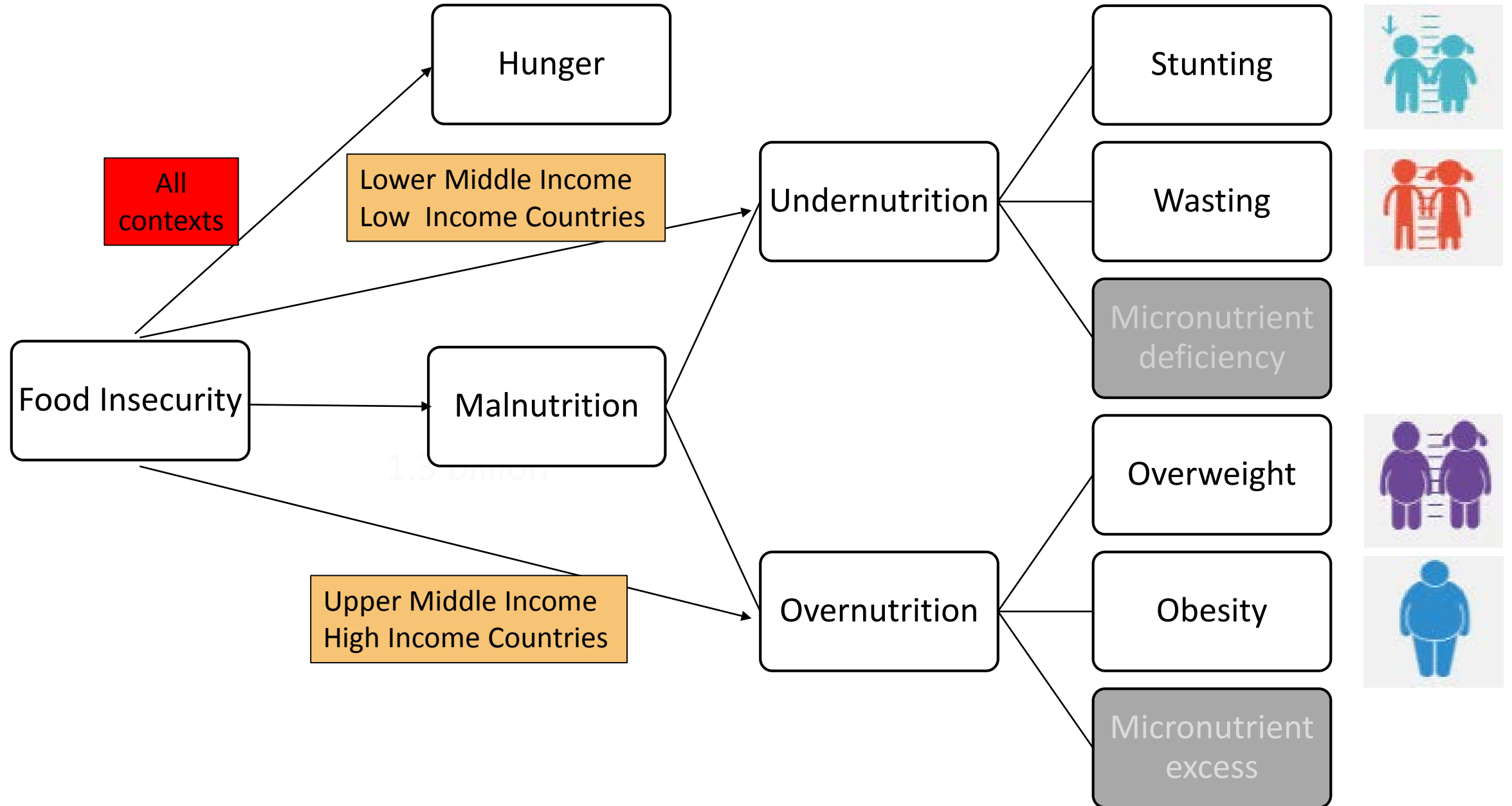


# Prevalence of Moderate or Severe Food Insecurity

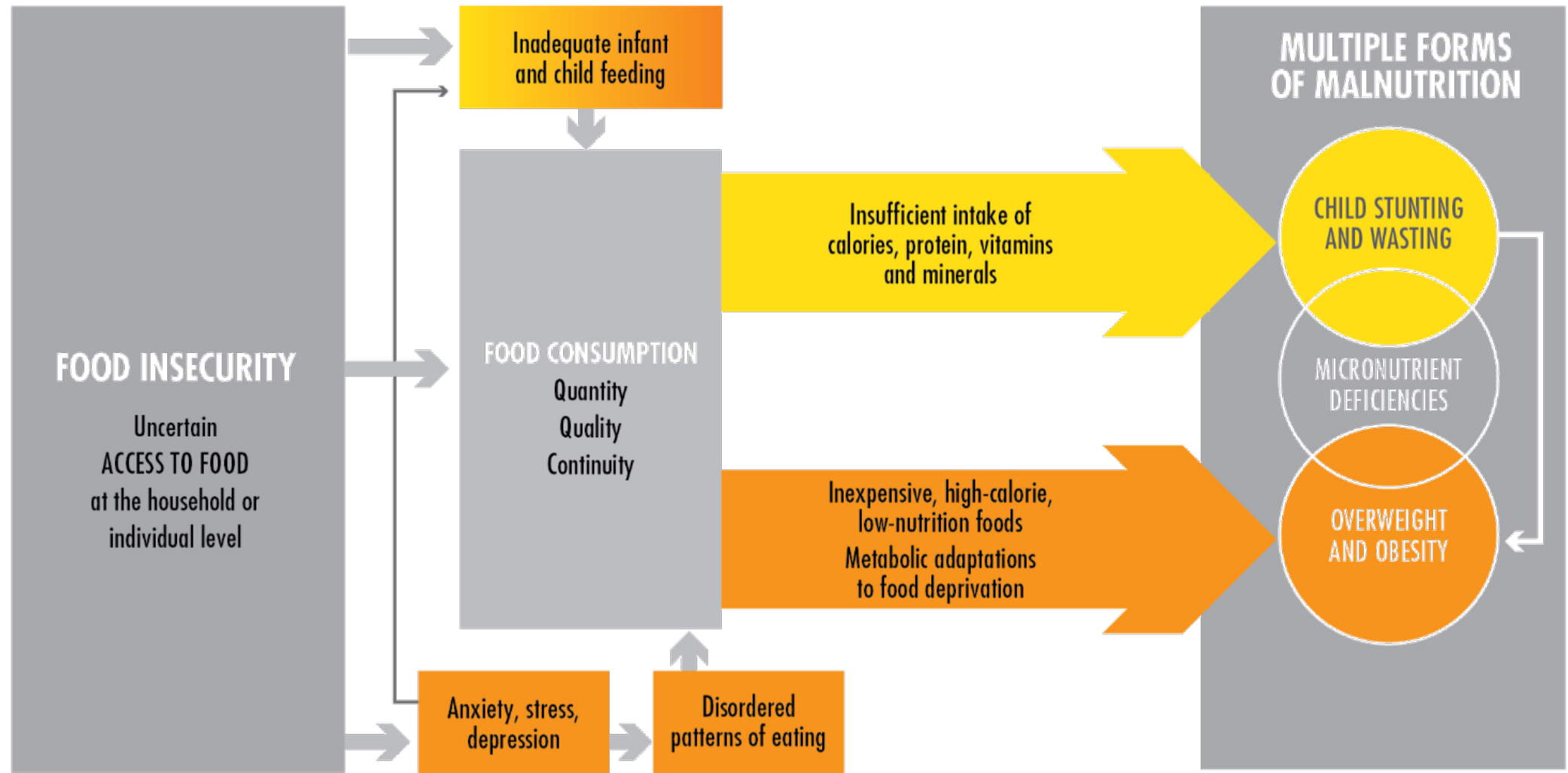






# Food Insecurity, Hunger, and Malnutrition



# Multiple pathways from food insecurity to malnutrition



 Undernutrition pathway  Obesogenic pathway

# Thank you

Nancy J Aburto, PhD MS  
Deputy Director  
Nutrition and Food Systems Division

[Nancy.aburto@fao.org](mailto:Nancy.aburto@fao.org)

