

**54th session of the Commission on Population and Development Oral
Statement Presented on behalf of Irene Menakaya School Onitsha
and African Cultural Promotions Inc.**

In our years of community outreach on quality and inclusive education, we are encountered with the issues about balancing of human existence through sustainable nutrition and wellbeing.

We are all aware that the strength of sustainable living and good life rests on good food and balanced nutrition. However, in rural communities, this seems to be farfetched. Knowledge and practices of balanced nutrition and good food are denied due to poverty, high rate of hunger, lack of proper nutrition education and practice of wellbeing.

People with various health issues such as internal and endocrine health are left at the border of life and death because adequate measures are not taken on proper health diet, availability of right food from the community food system on affordable cost and lack of proper education.

The effect of these reflects in the increase on death toll in communities showcasing negative effect on population growth on the part of middle and adult age. This can be prevented by excellent management of health through adequate nutrition and education.

The Irene Menakaya School and African Cultural Promotions Inc strongly maintain that right action should be taken to communities on;

- Quality and inclusive education on health nutrition and wellbeing

- Population attention should be geared towards control of high death rate especially among the working and reproductive age
- Community dwellers effort on rural agricultural production should be given adequate support by government and international agencies to help balance the high growth of hunger in today's food system and in affordable terms
- Concerted Effort to be provided to include policy measures that could enable dietary knowledge and understanding in the minds of rural dwellers thereby encouraging them to adopt balanced diet formular based on affordable and available food from the environment

With the present global adjustment to COVID19 pandemic, and knowledge of possible worst pandemics, adequate consideration on population based on nutrition and food security in communities should be the most needed concern as it strengthens body immunity in keeping to the lives and wellbeing of humanity.

I thank you.