

LOGISTICAL INFORMATION

ACCOMMODATIONS IN NEW YORK CITY

The following list of accommodations in New York City (most of them at moderate prices) was compiled by the American Indian Law Alliance (AILA). Each establishment was personally visited, so as to check its quality.

We strongly suggest that you make reservations well in advance at all the following hotels and hostels. All rates shown should be for May, but double check with the hotel/hostel when you make your reservation as the rates shown may have changed at the discretion of the individual hotel/hostel. Rates given do not reflect taxes or other surcharges unless otherwise noted.

Midtown Manhattan

14th to 59th Street (closest to UN)

All neighbourhoods in this category are safe and nice.

Big Apple Hostel

Phone: (212) 302-2603

Fax: (212) 302-2605

Website and email: www.bigapplehostel.com; mail@bigapplehostel.com

Street Address: 119 West 45th Street (between Avenue of the Americas & Broadway)

Transportation: 20 minute walk to the United Nations

Rooms and Rates: Dorm Rooms (Bunk-Beds, 4 pers. per room, shared bath) – \$35.00 incl. tax per person.

Private Rooms (1 Queen Bed, 1 or 2 pers. per room, cable TV, shared bath) - \$95.00 incl.

No group rates.

Security: Safety deposit boxes

Amenities: Common Room & Patio. Laundry. Internet access. Fully equipped kitchen and barbecue in patio.

Chelsea International Hostel

Phone: (212) 647-0010

Fax: (212) 727-7289

Website & email: www.chelseahostel.com; Chelsea_International_Hostel@msn.com

Street Address: 251 West 20th street (between 7th & 8th Avenues)

Transportation: Will need to take two buses or two trains

Rooms & Rates: Dormitory Beds (4-6pers.) – \$28.00 per person (taxes included), bathroom in the hall. \$30.00 beds with shower Private rooms, double bed or twin bunk beds (max 2 people per room), bathroom in hall. - \$70 per night (taxes included). Group rates available for over 15 people

Security: Free lockers, but guest must provide own lock.

Amenities: Internet 8-9 min/\$1.00. Free pizza on Wednesdays. Free coffee/tea. TV area. Kitchen areas. Lounge Area. Backyard with picnic table for eating. Laundry room. Need to bring own towels.

Contact: Lisa.

Herald Square Hotel

Phone: (212) 279-4017

Fax: (212) 643-9208

Website & email: www.heraldsquarehotel.com, info@heraldsquarehotel.com

Street Address: 19 West 31 Street (between 5th Ave and Broadway)

Transportation: 20 minute walk to the United Nations

Rooms & Rates: Small Single Room with shared bathroom facilities (1 person only) - \$69.00

Small Single Room, private bathroom with shower (1 person only) - \$89.00

Standard room, one double bed, private bathroom (one or two persons) - \$129.00

Room with one queen size bed, private bathroom (one or two persons) - \$139.00

Room with one double and one single bed, private bathroom (two persons) - \$149.00

(three persons) - \$159.00

Large double room with two double beds, private bathroom (two persons) - \$140.00

(three persons) - \$159.00

(four persons) - \$169.00

Rates do not include 13.625% tax and \$2.00 occupancy tax per day.

Security: In-room safes

Amenities: All rooms have satellite direct TV, voice mail messaging and air conditioning.

Hotel Bedford space limited on May 20th

Phone: (800) 221-6881; (212) 697-4800

Fax: (212) 697-1093

Website & email: www.bedfordhotel.com; reservations@bedfordhotel.com

Street Address: 118 East 40th Street (between Lexington and Park Avenues)

Transportation: 10 minute walk from the United Nations

Rooms & Rates: Standard room \$165.00 single or double occupancy has one queen bed and pantry with microwave, refrigerator and coffee maker

Studio room: \$175.00 single or double occupancy, has one queen or 2 twin beds with fully equipped kitchenette

One bedroom suite: \$235.00 up to four people can have one king, queen or 2 twin beds plus 1 or 2 pullout sofa beds with kitchenette

Tower suite \$285.00 up to 4 people can have one king, queen or 2 twin beds plus pullout sofa bed with kitchenette..

Rates are per night per room and do not include 13.38% and \$3.50per room/ \$5.50 per suite per night.

Security: In-room safes

Please advise if you would like to set a block of rooms as availability changes on a daily basis.

Manager: Janet Mater- Keleshian

Director of Sales and Marketing

+1-212-697-4800 ext 3127

The Leo House (A Catholic Guest House)

Phone: (212) 929-1010

Fax: (212) 366-6801

Street Address: 332 West 23rd Street (Between 8th and 9th Avenues)

Transportation: 2 buses or 2 subways to the United Nations

Rooms & Rates: Single \$65 (shared shower), \$75 (full bath); Double \$80 (shared bath), \$90 (full bath)

Security: Only registered guests are permitted in guest rooms. Non-guests are restricted to the lobby. Outside doors are locked at midnight. Security boxes are available.

Amenities: Laundry room. Buffet breakfast (except Sunday).

Other: minimum stay is 3 nights, maximum stay is 14 nights

Murray Hill Inn

Phone: (212) 545-0879

Fax: (212) 545-0103

Website & email: www.murrayhillinn.com; info@nynnss.com

Street Address: 143 East 30th Street (between 3rd & Lexington Avenues)

Transportation: 20 minute walk to United Nations

Rooms & Rates: Single Room (double size bed, private bath) - \$99 + tax weekday, \$109 + tax weekend; Twins (2 twin beds) - \$119 + tax weekday, \$139 + tax weekend; Queen Room (queen bed) - \$119 + tax weekday, \$139 + tax weekend.

Language: Spanish speaker

Amenities: No elevator. No internet access. No laundry.

Pickwick Arms Hotel

Phone: (212) 355-0300; Toll free U.S. (800) 742-5945; Toll free Canada (800) 874-0074.

Fax: (212) 755-5029

Website & email: www.pickwickarmshotel.com; info@pickwickarmshotel.com

Street Address: 230 East 51st Street (between 2nd and 3rd Avenues)

Transportation: 10 minute walk to United Nations

Rooms & Rates: Economy Single room (single bed w/ shared bath) – From \$99.00 + tax; Standard Room (One double bed or two single beds w/ private bath) – From \$159.00 + tax; Two Twins (bunk-bed style) – From \$99.00 + tax.

Amenities: Internet 5 minutes/\$1.00. All rooms have TV. Full hotel amenities.

Security: Small safe deposit boxes are available at no charge; however, a \$100 key deposit is required for the safe deposit box.

Other: Indigenous People have frequently visited this hotel.

Contact: Tony Teanni

Portland Square Hotel (new ownership)

Phone :(212) 382-0600, (800) 388-8988

Fax: (212) 382-0684

Website & email: www.portlandsquarehotel.com

Street Address: 132 West 47th Street (between Broadway & 6th Avenue)

Transportation: 20 minute walk to the United Nations

Rooms & Rates: Single and Double Occupancy \$169-\$219 per room. Shared bat \$109-149.00

Security: Lockers: \$3.00 = 24 hours

Amenities: wireless available

Vanderbilt YMCA

Phone: (212) 756-9600; for reservations call 917-441-8800.

Fax: (212) 752-0210

Website: www.ymcanyc.org

Email: vanderbiltguestrooms@ymcanyc.org

Street Address: 224 East 47th Street (between 2nd & 3rd Avenues)

Transportation: Walk to United Nations in under 10 minutes

Rooms & Rates: Single room \$80.00 Single Room with sink \$82 (1 person maximum). Double (bunk bed) \$90. Double (bunk bed) with sink \$92 (2 people max). Full-sized double \$98 (3 people max, with sofa bed/roll-away bed). Quad \$115 (for 3 or 4 people max). (All the above with shared bathroom facilities) Suite with Queen Bed & private bath \$110 (There are a very limited number of these rooms, 2 people max)

Security: Lockers free

Amenities: Washer/Dryer \$1.25. Swimming pool and fitness included. Internet access – free

Language: Spanish Speakers

Other: Check-in time after 3:00 PM (exceptions possible depending on occupancy rate).

Meals can be taken in the same building. Payment is due in full upon arrival, with no exceptions. Indigenous People have frequently visited this hostel.

Other: 20 or more group rate.

Uptown Manhattan

59th Street and up (not that far from UN via public trains or buses)

Amsterdam Inn (fully booked)

Phone: (212) 579-7500

Fax: (212) 579-6127

Website & email: www.amsterdaminn.com; info@amsterdaminn.com

Street Address: 340 Amsterdam Avenue (at West 76th Street)

Transportation: (cross-town bus to train), #1 train to West 79th Street

Rooms & Rates: Standard room w/ one double bed or two single beds and shared bath (1-2 people) - \$89.00 plus tax; Standard room w/ one double bed and private bath (1-2 people) - \$109.00 plus tax; (1) private room (1-2 people) with queen size bed, private bath, kitchenette \$119-\$139.00 plus tax per night. (Rates quoted from Amsterdam Inn website.)

Amenities: daily maid service, cable TV

Language: multilingual staff

Central Park Hostel

Phone: (212) 678-0491

Fax: (212) 678-0453

Street Address: 19 West 103rd St. at Manhattan Avenue

Web site & email: www.centralparkhostel.com; info@centralparkhostel.com

Transportation: (cross-town bus to train), B or C train to West 103rd Street

Rooms & Rates: Dormitory Beds in room of 4-10 people – 10 people \$26.00/ 8 people\$28/ 6 people\$30/4 people \$35

Male/Female/Mixed dorm rooms: Private room (1-2 people) shared bath \$75 including tax per night. Weekly group rates available. Speak to manager

Security: Lockers in rooms, but need own lock. Locks (Master Lock) \$5.00

Amenities: Internet access, 5 minutes/\$1.00, No Washer/Dryer, meeting space available at no charge

Language: Spanish speaker at front desk.

Guesthouse

Phone: (212) 781-1842

Fax: same number

Email: germanf@webtv.net

Street Address: 63 Audubon Avenue at 168th Street

Transportation: (cross-town bus to train), A, C, or #1 train to 168th Street

Room & Rates: Double Occupancy at \$72 per room (twin beds only). No singles available.

Only eight rooms available. (1 person \$30.00/ 2 people \$25.00)

Safety: Safe area. 1.5 blocks from train

Language: Spanish

International Student Center

Phone: (212) 787-7706

Website: www.nystudentcenter.org

Email: info@nystudentcenter.org

Street Address: 38 West 88th Street (between Central Park West and Columbus Avenue)

Transportation: (cross-town bus to train) B or C train to 86th Street

Rooms & Rates: Dormitory Beds (8-10 person dorm rooms) with bathroom - \$30 per person + \$10 key deposit. 2 Female/2 Male/Mixed Dorm Rooms

Security: luggage kept in office/no lockers. Passports can be kept in safe in office.

Amenities: Internet access, 5 minutes/\$1.00, Kitchen area/lounge

Language: Spanish speaking staff

Other: ONLY people **aged 18 – 30** allowed to stay in this hostel

Jazz on the Park Hostel

Phone: (212) 932-1600

Fax: (212) 932-1700

Web site & Email: www.jazzonthepark.com, info@jazzonthepark.com

Street Address: 36 West 106th Street (between Manhattan Avenue and Central Park West)

Transportation: (cross-town bus to train) #1 train to 103rd Street/Broadway or B or C train to 103rd Street/Central Park West

Rooms & Rates: 10 bed dorm room \$27.00 per person per night, breakfast and linens included; 6-8 bed dorm room \$29.00 per person per night, breakfast and linens included; 4 person dorm room \$32.00 per person per night, breakfast and linens included. (Male ONLY and Female ONLY rooms available); private room (1-2 people) \$90.00 per night, breakfast and linens included.

Amenities: Lockers in room, Washer/Dryer, Internet access 5 minutes/\$1.00, Meeting room (used as bar/club) at no charge, 24-hour reception, no curfew, café on site from 7am through midnight.

New York International AYH-Hostel

Phone: (212) 932-2300

Fax: (212) 932-2574

Street Address: 891 Amsterdam Avenue at 103rd Street

Transportation: (cross-town bus to train) #1 to 103rd Street

Rooms & Rates: 624 Beds available. All in dorm rooms of 4-12 people per room. Male only/Female only/ mixed rooms. Rooms rates \$30.00-\$38.00 per night. Linens and towels provided.

Group reservations available at lower rates.

Security: Safe Area. Free lockers in room, but need own lock. Luggage lockers downstairs: Large/\$3.00 & Small/\$2.00

Amenities: Washer/Dryer \$1.00, Internet access 5 minutes/\$1.00, community kitchen, game room, backyard area.

Other: Reserve by mid-April. Deposit of one night or credit card to hold reservation.

West Side YMCA

Phone: (212) 875-4100

Fax: (212) 875-1334

Website: www.ymcanyc.org/westside

Email: lstewart@ymcanyc.org

Street Address: 5 West 63rd Street

Transportation: (cross-town bus to train) A, C, E, # 1, 2, 3, B, D, or Q to 59th Street

Rooms & Rates: Room w/ shared bathroom (from \$80.00-\$90.00); Room w/ private bath (from \$105.00-\$140) (1 or 2 persons accommodated).

Security: 24 hour security and safe deposit boxes

Amenities: Housekeeping Services, linens and towels, Internet Access 5 minutes/\$1.00, Washer/Dryer \$1.50. No charge for small conference room.

Language: multilingual staff

Other: Make reservations at least 3 weeks in advance

Contact: Reservations or for group rates call Carmen Valentine (212) 875-4204.

TRANSPORTATION

• Arriving from John F. Kennedy (JFK), La Guardia and Newark Airports

There are multiple shuttle buses from all three airports, J.F. Kennedy, La Guardia and Newark to New York City. Listed below are a few options, but please feel free to take any form of transportation that is most convenient and suitable for you.

1. **Olympic Airport Express.** This service is between Newark Airport and New York City. Buses depart every 5-10 minutes from Newark to New York. For more information, please call 1+(212) 964-6233, 1+(718) 622-7700, Toll free outside NY and NJ 1+(800) 894-9155. Website address: www.olympiabus.com

2. **Newark Airport Express.** This service is between Newark Airport and New York City. For more information, please call 1+(877) 863-9275. Website address is: www.coachusa.com
3. **Super Shuttle** (blue van) is also available from all three airports to New York City. For more information, please call: 1+(212) 209-7000, 1+(212) 258-3826. Website: www.supershuttle.com
4. For more information from La Guardia, visit www.panynj.gov/aviation/lgtsmain.htm
5. For more information from Kennedy, visit www.panynj.gov/aviation/jgtsmain.htm
6. For more information from Newark, visit www.panynj.gov/aviation/egtsmain.htm

As most of you will be arriving by air, you will need methods of transportation to and from the three airports located in the greater New York area. This transportation will bring you into New York City, arriving at one of three central locations, Pennsylvania (Penn) Station, the Port Authority or Grand Central Station. The closest site to the United Nations is Grand Central Station. All three locations have access to buses or subways, which are the easiest and most economical ways to travel in New York. Yellow taxis are always available, but are more expensive.

At each of the central locations in New York City, Pennsylvania (Penn) Station, the Port Authority or Grand Central Station, an information booth is readily available for using public transportation. If you wish to access this information ahead of time, the website addresses for public transportation in New York City via subway or bus - Metropolitan Transit Authority (MTA) - service, as well as Metro North commuter trains which serve the outlying areas, is: www.mta.nyc.ny.us/nyct

- **Departing New York City**

When departing New York City you can hail a taxi on the street, call in advance for a radio taxi to pick you up at your hotel, contact Super Shuttle to pick you up at your hotel, or take a special airport coach bus directly from Grand Central Terminal. Taxi rates are based on the meter reading, plus tolls, plus approximately 15% tip. You should be prepared to pay from \$35-50, depending on the time of day and the traffic congestion. For Newark Airport, a taxi can be very costly and is therefore not advisable unless you are sharing the cost with another passenger. Radio taxis (including the many car and limousine services) can be a more affordable option. Inquire at your hotel for rates and arrangements. The Super Shuttle van, for example, will pick you up at your hotel, and offers flat-rate service to both La Guardia and Kennedy Airports. Allow at least an hour for a trip to JFK Airport, and 40-45 minutes to La Guardia. If you are leaving during peak traffic hours, between 8:00-10:00am or 4:00-7:00pm, you should allow more time.

The special direct airport coach bus, run by the New York Airport Service, departs from 125 Park Avenue, between 41st and 42nd Streets (across from Grand Central Terminal). Tickets must be purchased inside the office, not on the bus. For [JFK Airport](#) the one-way fare is \$15.00. Allow 55 minutes' travel time to the airport. For [La Guardia Airport](#), the one-way fare is \$12.00. Allow 45 minutes' travel time to the airport. Both buses leave every 20-30 minutes or so, and make stops outside all major airline terminals. Call New York Airport Service at 1+(718) 875-8200 for a specific schedule. Or visit their website at www.nyairportservice.com

For [Newark Airport](#), Olympia Airport Express bus departs from 41st St., between Lexington and Park, every 15 minutes. Travel time to the airport is approximately 45 minutes. One-way fare is \$12.

- **Transportation in the NYC Metropolitan Area**

Taxis are easily hailed on the street. Licensed cabs are painted yellow and a light on the roof of the vehicle indicates that the taxi is available. Cab drivers generally know the city well. If

you decide to visit another borough, however, you may wish to find out in advance if the driver is familiar with the area, or be prepared to give directions.

Subways are a fast means of travel, with several lines running North-South in Manhattan. With few exceptions, subways do not run East-West. The fare is \$2.00 and exact change is not necessary as Metro cards (see below) **must** be purchased in booths to gain entrance to the trains. Metro cards may also be used on buses. For your safety, subway travel is not recommended during late evening hours.

Buses are a safe, efficient means of travel in New York. They run North-South on most major avenues, and make stops every two blocks. If a bus sign is marked "Limited", it stops every eight blocks. Buses running East-West traverse only major cross-streets such as: 86th, 79th, 72nd, 57th, 42nd, 33rd, 28th, 23rd and 14th Streets. The fare is \$2.00. Exact change in the form of coins or Metro card is required.

The Metro card is a plastic card that can be used for subway and bus transportation and offers slight volume discount. The cards are available from subway token booths. There are two kinds: refillable (pay per ride) and all-you-can-ride (flat rate of \$7 for one day, \$24 for 7days or \$76 for 30 days). In addition to transfers from bus to bus, Metro cards allow transfers from bus to subway and subway to bus as well. Your length of stay and anticipated frequency of use will help you decide which card to buy. More information is available in the Metro card brochure, which can be found in subway stations and at tourist information kiosks.

RESTAURANTS

The main cafeteria at the United Nations has a large variety of food at low prices (for New York standards). It is usually open from 8:00 a.m. to 8:30 p.m.

There is also a cafeteria in the **Vanderbilt YMCA** (224 East 47th Street, between 2nd & 3rd Avenues) in walking distance from the UN. The Vanderbilt cafeteria is open to the public (not just guests at the hostel) and the prices are low.

There are numerous **Delis** in walking distance to the UN, on 2nd Avenue (Yitzak Rabin Way) between East 42nd Street & East 46th Street as well as on 3rd Avenue between East 42nd Street & East 46th Street. These Delis offer a variety of food (sandwiches, salads, fruit etc.) to take-out at considerably low prices.

There are also a number of restaurants, breakfast places, pizzerias etc. with different price ranges in close proximity to the UN (on 2nd and 3rd Avenues). A decent and inexpensive Chinese restaurant is the **Hsin Yu** on the corner of 2nd Avenue and East 46th Street.

A subway ride away from the UN is the **East Village** (east of Third Ave, between East 14th Street and Houston Street), where you can find a variety of ethnic foods, reasonably priced. **In Chinatown**, south of Canal Street and east of Broadway there are many inexpensive Chinese restaurants.

COMPUTER/INTERNET ACCESS

FedEx Kinko's has locations close to the UN (on the corner of 3rd Avenue and East 47th Street and on 46th Street between 2nd and 3rd Avenues.) However, computer / Internet access at FedEx Kinko's is expensive (\$18/hour or 30 cents/min).

There are a number of internet cafés in Manhattan which offer better prices, but none of them in close proximity to the United Nations.

Cyberfields @ the Village Copier

20 E 13th St, 2nd Floor

N/R/4/5/6 trains, 14th Street stop

Phone: (212) 647-8830

Hours: M-F 8:00AM – 12:00AM
Weekend 10:00AM-8:00PM
Rates: \$2.50/15 minutes

Alt. Coffee

139 Ave. A (corner of 9th Street),
L-train, First Avenue stop
Phone: (212) 529-2233
Hours: M-F 7:30AM-12:00AM
Weekend 9:30AM-1:00AM
Rates \$10/hour

USEFUL FACILITIES

Phones

Telephone calls from your hotel room can be VERY expensive. For that reason, we recommend that you use public (pay) telephones (which use coins, calling cards, or pre-paid telephone cards available at most newsstands). In addition to those phones within the UN Headquarters, some located around the UN include:

- United Methodist Office for the UN (777 UN Plaza) - C Level and 12th floor
- First Ave. and 44th St.
- First Ave. and 45th St.
- Second Ave. and 45th St.

Photocopy and faxing facilities

- Inside of the United Nations, in addition to the doCip technical secretariat, there is a NGO Resource Center for NGOs associated with DPI on the underground level right next to the Dag Hammarskjold Library. The Resource Center offers access to current UN documents and press releases, and there are few computers with printers, but you must bring your own paper. There is also a copy machine; however, you can only make a limited number of photocopies (usually no more than 10 copies).
- Another places outside the UN:
 - **FedEx Kinko's** on the corner of 3rd Avenue and East 47th Street
 - There is another **FedEx Kinko's** on 46th Street between 2nd and 3rd Avenues. They also have public computers and Internet access, but Kinko's is expensive (computer rental fees are \$18/hour or 30 cents/min)
 - For large numbers of copies, Metro Copy and Duplicating offers better prices. They are located at 222 East 45th Street (between 2nd and 3rd Avenues)
- Office supplies:
 - **Staples** on 205 East 42nd Street (between 2nd and 3rd Avenues), or at the
 - **Staples** store on 730 3rd Avenue and East 45th Street. You can also send **faxes** and make **photocopies**.

Photo and video

- Photo Discount of New York - 827 Second Ave., between 44th and 45th Streets

US Post offices

- Grand Central - Lexington Ave., between 44th and 45th Streets
- DH Branch - Second Ave. at 47th Street

- There are also two branches of the UN Post office located within the UN Headquarters, at the First Basement level.

Banks are usually only open until 3pm.

Supermarkets

- Associated, Second Avenue between 47th and 48th Streets
- Food Emporium, Second Avenue at 51st Street

Pharmacies

- Duane Reade: 44th St. between Third and Lexington
- Duane Reade: 57th and Broadway (open 24 hours)
- Duane Reade: Third Ave. and 43rd St.
- Rite Aid: Second Ave. at 51st St.

Rest Rooms

- Every level of the Secretariat Building
- United Methodist Office for the UN (777 UN Plaza) - Floors 2, 8 and 12

Nearest hospitals:

- New York University Medical Center, 550 First Ave at 31st St., tel: (212) 263 5550
- Bellevue Hospital Center, 462 First Ave. at 27th St., tel: (212) 562 4141
- New York Cornell 525 E 68th tel 746-5454

The UN has a medical clinic 5th floor Secretariat and DC1 UNDP building 11th floor.