Why are digital skills critical for older persons?
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- 82 Years old
- Live alone
- Relatively well
iPhone app “Hinadan” was released in 2017 February

Have been helping other senior citizens
I only started to use a PC when I was over 60 years of age.
How digital skills is effective for senior citizens
1. Digital skills helps seniors be independent
short memories

→
schedule function

on PC and Smartphone
cannot remember a certain idiom...

*Illustrations by Masayoshi Kotani*
search function!

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2. Digital skills help our relationships with our families, our communities and even beyond
3. Digital skills help seniors to socialize and ease the pain of being alone
Mellow club

• Internet club for seniors
• Established in 1999
• Support senior’s active participation in society through support of digital skills
• Not receive any support from the government nor corporations
• 300 members
Life and aging room

- share their feelings of difficulties
- from the soul - true feeling
4. Digital skills help seniors mix with various new types of people
5. Digital skills also help me make new friends from overseas
Software Edu Fest in Korea
Programmer’s event in Xi'an City of China
6. Digital devices help citizens be creative
Excel Art
7. Digital devices help us “enjoy” more.

I wanted to create a game app which seniors can enjoy
Japanese traditional instrument – Okoto – traditional song called ‘Sakura’
join hands and think about how we can prepare a society where seniors citizens can feel encouraged and continue to play an important role
Thank you.

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