

Confront Ageism

—or the Rest Is Noise

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This Chair Rocks

Keynote for the 26th International Day of Older Persons

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**Think how much easier this would
be if everyone knew these things:**

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- Age is a criterion for diversity.

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- Human rights do not diminish with age.

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- Because of ageism

Aging is inevitable.

Ageism is not.

**Ageism stunts
our sense of self.**

**Attitudes towards aging
affect our health.**

**Ageist myths
and stereotypes
affect cognition.**

**Ageism cuts
work lives short.**

**Ageism
disproportionately
affects women.**

Ageism legitimizes abuse.

**What can we do to
“Take a Stand
Against Ageism?”**

**Adopt a UN Convention on
the rights of older people.**

**Conduct more research
on older people—
in all our diversity**

Check our age bias.

**It's time for a
radical age movement.**

Age Pride!