LESOTHO

Population Indicators

Indicator	1975	1985	1995	2011
Population size and growth				
Population size (thousands)	1 150	1 487	1 795	2 194
Annual growth rate (percentage)*	2.14	2.54	1.81	1.00
Population age structure				
Percentage of population under age 15	45	44	43	37
Percentage of population aged 60 or over	6	6	7	(
Statutory age at retirement (years): Males				
Females				
Fertility				
Total fertility (children per woman)*	5.8	5.5	4.7	3.4
Adolescent birth rate (births per 1,000 women aged 15-19)*	82	77	86	73
Percentage of women aged 20-24 married by age 18				19 ⁴
Reproductive health and family planning				
Percentage of married women using contraception: All methods	5 ^b		29	47
Modern methods	2 ^b		27	46
Percentage of married women with unmet need for family planning				230
Index of family planning effort (percentage of maximum score)**				50
Induced abortion rate (per 1,000 women aged 15-44)				
Percentage of women in non-agricultural wage employment			52 ^e	
Health and mortality				
Life expectancy at birth (years): Both sexes*	49.8	55.3	60.1	46.0
Males*	48.1	53.5	58.2	46.5
Females*	51.4	56.9	61.8	45.2
Infant mortality rate (per 1,000 live births)*	123	94	70	77
Under-five mortality rate (per 1,000 live births)*	181	135	95	115
Percentage of children 12-23 months with 3 doses of DPT vaccine			88 aaf	83
Prevalence of stunting among children 0-59 months (percentage) Maternal mortality ratio (per 100,000 live births)***			38 [†] 540	39 ⁴ 620
Percentage of births attended by trained health professional			61 ^f	62 ⁴
Percent obese among adults aged 20 or over: Males****				2.6
Females****				24.0
Percentage of deaths caused by non-communicable diseases****				29
HIV prevalence among adults aged 15-49 (percentage)			12.9	23.3
Number of people living with HIV (thousands)			110	320
Spatial distribution and internal migration				
Population density (per sq. km.)	38	49	59	72
Urban population (percentage)	11	12	17	28
Annual urban population growth rate (percentage)*	6.72	3.06	5.69	3.85
Annual rural population growth rate (percentage)*	1.65	2.47	1.10	0.04
Percentage of urban population in urban agglomerations				
International migration				
International migrant stock (thousands)***				6
Percentage of females among international migrants***				45
Net migration rate (per thousand)*	-4.56	-2.04	-6.60	-1.89
Annual inflow of remittances in US\$ (millions)				746

* For the periods 1970-1975, 1980-1985, 1990-1995 and 2005-2010.

** This index measures the level of effort of national family planning programmes. 2011 data refer to 2009.

*** 2011 data refer to 2010. **** 2011 data refer to 2008.

 a For 2009.
 b For 1977.
 c For 2010.

 d For 2009/2010.
 e For 1997.
 f For 1993.