GRANDPARENTING: FOCUS ON ASIA

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OVER 1 IN 5 FAMILIES IN ASIA LIVE WITH GRANDPARENTS

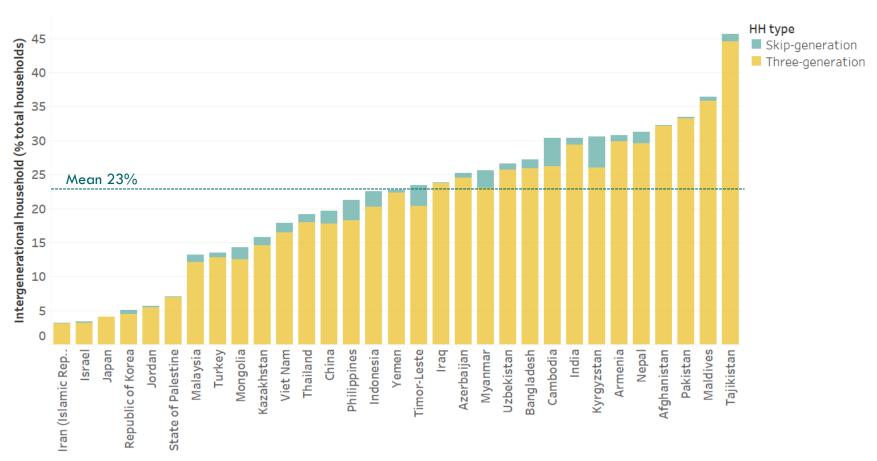


Three-generation families account for **21.2**% of the total households.



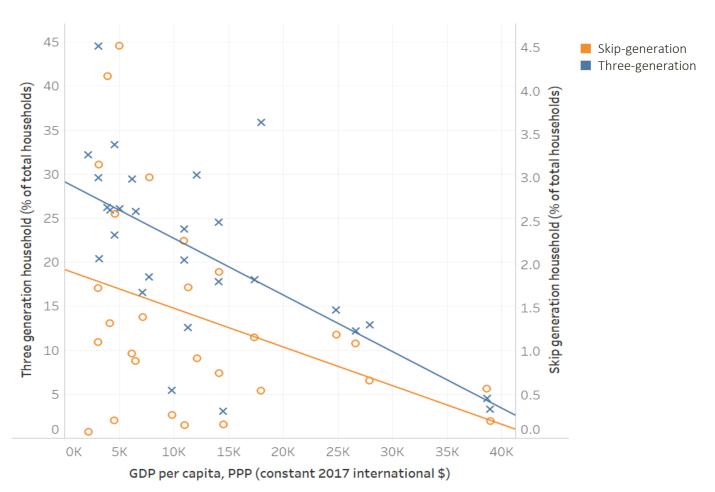
Skip-generation families account for 1.3% of the total households.

THE PREVALENCE OF INTERGENERATIONAL HOUSEHOLDS GEOGRAPHICALLY VARIES



Source: Population Census in Japan 2015; Population Census in Korea 2015; UN Database on Household Size and Composition 2019.

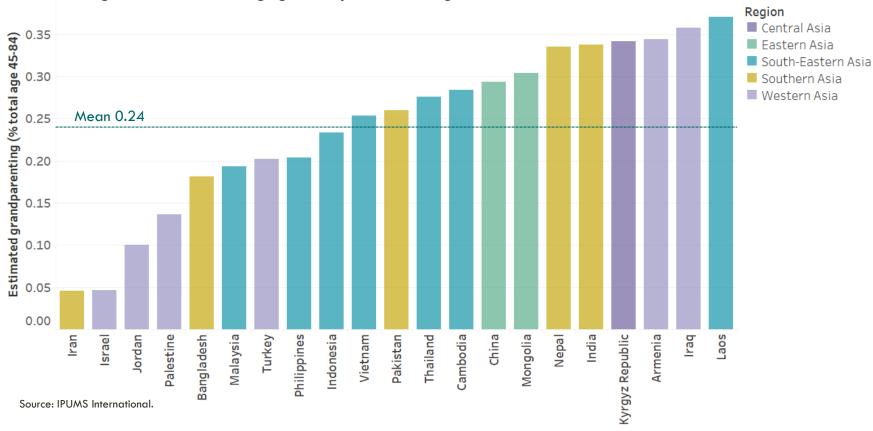
LOWER-INCOME COUNTRIES HAVE MORE INTERGENERATIONAL HOUSEHOLDS



Source: Population Census in Japan 2015; Population Census in Korea 2015; UN Database on Household Size and Composition 2019; World Bank World Development Indicators.

GRANDPARENTING IS ESTIMATED TO TAKE PLACE IN 1 IN 4 HOUSEHOLDS IN ASIA

Focusing on co-residing grandparents aged 45-84:



WHO PROVIDES AND HOW MUCH GRANDPARENTING IN THE HOUSEHOLD?

Who

- Grandmother
- From father's side
- 62.6 years old
- Less than primary educated
- 31% employed
- Lives in rural areas

How much

- No data available, but
 - Grandchildren4.9 years old
 - 50% under age 2
- Suggesting intense caregiving activities (e.g. full-time childcare assistance and housework)



THE EFFECTS OF GRANDPARENTING CAN BE BOTH POSITIVE AND NEGATIVE



- Good self-rated health
- Mobility
- Life satisfaction

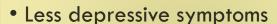






- Healthy development
 - Good mental health
 - Great resilience
 - Social skills
 - Prosocial behavior

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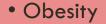
- Exhaustion
- Physical stress
- Psychological stress
- Lower social well-being







- Healthy development
 - Good mental health
 - Great resilience
 - Social skills
 - Prosocial behavior



- Behavioral problems
- Delayed non-verbal intelligence





Source: Arber & Timonen, 2012; Buchanan & Rotkirch, 2018; Cong & Silverstein, 2012; Gardiner, 2020; Knodel & Nguyen, 2015; Y. Li et al., 2019; P.-C. Ko & Hank, 2014; Sadruddin et al., 2019; Wang et al., 2019; Xu & Chi, 2015.

EFFECTIVE GRANDPARENTING FOR INTERGENERATIONAL SOLIDARITY

Protective factors

• Co-parenting agreement

Closeness

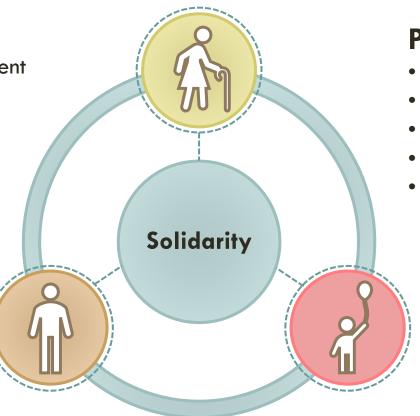
• Parenting support

Division of labor

 Less exposure of child to conflict

Risk factors

- Discipline method
- Physical punishment
- Tension between in-laws



Protective factors

- Emotional closeness
- Instrumental help
- Financial assistance
- Caregiving duration
- Frequent contact after caregiving spell

Risk factors

- Role confusion
- Grandchild's misbehavior
- Economic tension

CONCLUSION AND RECOMMENDATIONS



Intergenerational households and co-resident grandparenting are **not uncommon** across Asia, particularly in **lower-income countries**.



It is likely that **grandmothers** who are **in old age**, less educated, not employed, and in rural areas help with **childcare and housework**.



Parenting education focusing on greater emotional closeness during grandparenting could contribute to stronger intergeneration solidarity.



The programs should consider the characteristics of grandparents and caregiving, with special attention to those in skip-generation families.

