

Anti-doping sensibilization

Details :	
Objective(s) :	Raise awareness of anti-doping fight among pupils and students Raise awareness on physical and social dangers of doping
Implementation mechanisms :	Sports and interdisciplinary courses (physical education – EPI (interdisciplinary practical teachings)) Workshops during sports events dedicated to pupils and students (Athletics School Games, Princess Charlene Rally, Respect Day) animated by the Monegasque Anti-Doping Committee (CMA)
Target Audience :	Pupils and students in primary and secondary schools
Partners / Funding	Monegasque Anti-Doping Committee (CMA), Medical Sports Center
SDG Alignment :	3, 4, 5
Alignment with global frameworks	Aligned on the Action 3 of the Kazan Action Plan and Anti-doping Convention (ETS n°135)
Alignment with United Nations Action on SDP	Thematic area 1 action “create a efficient support for prevention programs on negative influences in sport.
Outcomes :	Warn young people about doping dangers Developing relevant behaviors towards doping
Mechanisms for monitoring and evaluating implementation :	Role-playing through awareness workshops Questionnaires evaluating understanding among target audience
Challenges / Lessons learned :	Hard to evaluate impacts on pupils and students During the years 2020 and 2021, the doctors of the Medical Sports Center were mobilized in the fight against the COVID-19, therefore no event was held during that time.

Pass' Sport Culture

Details :	
Objective(s) :	Help young people discover various cultural and sports activities in Monaco and its surroundings
Implementation mechanisms :	Partnership with cultural, youth and sports associations All-year activities offer during holidays Advertisement in schools for students and their families
Target Audience :	Young people aged from 11 to 25 years-old schooled in Monaco
Alignment with Global Frameworks	WHO Global Action Plan on Physical Activity Action 3.3
Alignment with United Nations Action Plan on SDP	1
Partners / Funding	Cultural, youth and sports association in Monaco A budget line of 105000€ is planned by the government for 2022. In 2021, the budget line was 95000€.
SDG Alignment :	3, 4, 11
Outcomes :	Discovering new activities available in Monaco Bonding between people of the same class age regardless of social backgrounds Offering interesting activities to young people at a very low price
Mechanisms for monitoring and evaluating implementation :	Satisfaction enquiry mailed to each participant every year.
Challenges / Lessons learned :	Difficult to manage participation for attractive activities Communication with the associations can get very difficult Partners get reluctant in the long run for lack of financial interest or human resources shortage The sanitary measures taken regarding the COVID-19 pandemic had an impact on the choice of activities and the number of participants.

Physical Education courses

Details :	
Objective(s) :	Develop sports for all Triger interest in a wide variety of sports Educate pupils to live a healthy lifestyle Promote sports values
Implementation mechanisms :	French education system programs
Target Audience :	Pupils and students from the last of year of Kindergarten to the end of Secondary school
Partners / Funding	DENYS, Sports associations, Local Authorities, Nice Academy Rectorate
SDG Alignment :	3, 4, 5
Alignment with global frameworks :	Action 3.1 of WHO Global Action plan on physical activity
Alignment with United Nations Action Plan on SDP :	1, 2 actions integrate sport as a national priority
Outcomes :	Enhancement of practice in numerous sports Triger interest in sports Bridging school physical activity and sports practice in associations Integrate physical activity into the lifestyle of all youth
Mechanisms for monitoring and evaluating implementation :	Through physical education courses Evaluation takes into account physical performances, respect of the rules, behavior Participation to special activities: ice skating, rowing, sailing, diving. Swimming is mandatory starting 5 years old to the end of Secondary school
Challenges / Lessons learned :	Some activities / sports require a complex management system. During the years 2020 and 2021 PE activities were greatly reduced. Indeed PE classes were canceled starting March 2020 until the end of the school year and from November 2020 until April 2021. Swimming activities suffered the most, being canceled whenever sanitary measures were strengthened due to COVID surges, the last time being in January and February 2022.

Prizes in physical education

Details :	
Objective(s) :	Motivate pupils to improve their achievement through sports activities
Implementation mechanisms :	Rewards and prizes given at the end of the year at the same time than those rewarding academic achievement
Target Audience :	Elementary and secondary schools
Partners / Funding	Sports associations and private benefactors
SDG Alignment :	3, 4, 5
Alignment with global frameworks :	WHO Action plan on Physical education Action 3.1. and 1.1
Alignment with United Nations Action Plan on SDP :	1, 3
Outcomes :	Increasing motivation towards sport practice
Mechanisms for monitoring and evaluating implementation :	No monitoring
Challenges / Lessons learned :	<p>Hard to evaluate effect of rewards on pupils and students Difficult to set up criterias evaluating merit and alignment with sport values against academic results in sports.</p> <p style="color: red;">During 2020 and 2021, sports activities were mainly cancelled due to COVID-19 sanitary measures. Thus no prizes related to physical education and sports were awarded to pupils and students.</p>

Sports classes – adjusted schedules for Elite sport practice and for intensive sport practice

Details :	
Objective(s) :	Help talented pupils and students to reach their goals in their sport practice
Implementation mechanisms :	Adjust class schedules on individual basis to help training Discharge students from attending optional courses Adapt evaluation timing to sports competitions
Target Audience :	Secondary students
Partners / Funding	Sports associations and federation, DENYS, Monaco Olympic Committee, Nice Academy Rectorate
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity 3.1
Alignment with United Nations Action Plan on SDP	1 Help young athletes to fulfill their potential
Outcomes :	Talented students in sports get better results in competition while achieving better academic results Helping sports associations to nurture good athletes Better inclusion of athletes into the education system and community
Mechanisms for monitoring and evaluating implementation :	Sports results Academic results
Challenges / Lessons learned :	Sketching individual schedules is very challenging for school administration and teaching staff Associations don't always play along trying to get undeserving athletes into these special training systems.

Princess Charlene Rally

Details :	
Objective(s) :	Promoting Peace and Sustainable development through sports
Implementation mechanisms :	Annual Timed running race Workshops (sport competition, teamwork rescue, intellectual challenge, drawing) Conference with famous athletes
Target Audience :	9th grade students
Partners / Funding	Princess Charlene of Monaco Foundation, Peace & Sport, Student's Parents Association of Monaco (APEM), Anti-Doping Committee of Monaco (CMA), Société Nautique, Centre de Sauvetage Aquatique de Monaco
SDG Alignment :	3, 4, 5, 16
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace.
Outcomes :	Enhanced sports values among students (team spirit, respect, solidarity, hard work, cooperation)
Mechanisms for monitoring and evaluating implementation :	Drawing competition on the theme : « Sports and Peace development »
Challenges / Lessons learned :	Coordination and cooperation among stakeholders Organizing something in a restricted space Better sense of community among students Following the COVID-19 pandemic and the sanitary measures taken thereof this event could not be organized in 2020 and 2021.

Respect Day – Rugby Event

Details :	
Objective(s) :	Raise awareness of sports values among students – especially through rugby (self-control)
Implementation mechanisms :	Organizing a rugby tournament with workshops on anti-doping and sports nutrition
Target Audience :	8 th grade students in Collège Charles III
Partners / Funding	Rugby Federation of Monaco, Anti-Doping Committee of Monaco, Student's Parents Association of Monaco (APEM)
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace.
Outcomes :	Learn values such as, respect, fair play, solidarity, anti-doping
Mechanisms for monitoring and evaluating implementation :	No
Challenges / Lessons learned :	Sport can help to build relationships with different people from different backgrounds Due to the COVID-19 pandemic, the sanitary measures did not allow the event to take place in 2020 and 2021.

White Card Operation

Details :	
Objective(s) :	Promote peace through sports
Implementation mechanisms :	During Princess Charlene Rally use of a white card by every student as a symbol of peace. Is implemented in other settings for International Day of Sport for Development and Peace
Target Audience :	Students and pupils
Partners / Funding	Organized by Peace & Sport with the support of the DNEYS
SDG Alignment :	3, 4, 5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 1.2
Alignment with United Nations Action Plan on SDP	1, 3. Take part in international initiatives and partnerships to promote sport as a mean to development and peace. Prevention programs against negative influences in sport.
Outcomes :	Developing awareness of peaceful behaviors in sport and how these behaviors cause other values to emerge like friendship, solidarity, respect, etc.
Mechanisms for monitoring and evaluating implementation :	None
Challenges / Lessons learned :	Cards are usually used as a negative symbol in sport to mean punishment or disqualification. In opposition to that, the white card is used to represent positive values in sport.

Sports facilities

Details :	
Objective(s) :	Provide modern and high quality sports facilities
Implementation mechanisms :	Refurbishment and maintenance of facilities Maintaining high standards in equipment choices in order to pass quality insurance and qualification visits
Target Audience :	Students using facilities as part of their curriculum Members of sport clubs
Partners / Funding	Sports federation and associations, State, Local authorities
SDG Alignment :	3,4,5
Alignment with global frameworks	WHO Action Plan on Physical Activity Action 2.5., 3.1.
Alignment with UN Action Plan on SDP	1, 2 Insure and reinforce physical activities in schools and educational institutions. Value investment in sports infrastructures.
Outcomes :	Keeping up sports facilities with applicable standards Upgrading sports facilities when needed
Mechanisms for monitoring and evaluating implementation :	Evaluation reports from Sports Leagues after qualification visits
Challenges / Lessons learned :	Difficult to keep up with new standards and regulations Hard to adequate demand for facilities and offer.