



The INTERNATIONAL DAY of YOGA COMMITTEE at the UNITED NATIONS

Invites you to a side event during the
55th Session of the United Nations Commission on Social Development

Yoga's Impact on Poverty Eradication, Sustainable Living & Social Inclusion

3 February, 4:45 pm to 6:00 pm

UN Conference Room 9

The adoption of the United Nations General Assembly Resolution marks 21 June as the International Day of Yoga, with Member States recognizing the significance of yoga upon global health from a holistic perspective and the well-being of the integral being. At the same time, the fullness of yogic principles of unity and sustainability provide a means for a simplified lifestyle with less consumption, care for the natural world, building community and social inclusion, leading to poverty eradication. Join us for an interactive dialogue with yoga practitioners including UN staff members.

Moderator

Denise Scotto, Esq., Chair, International Day of Yoga Committee at the UN, UNSRC Enlightenment Society Executive Committee, former UN DESA Staff, Vice President/UN Representative International Federation of Women in Legal Careers

Speakers

Mr. German Bravo Casas, President UNSRC Yoga Club & UN DESA, Retired

Denis Licul, Co-founder/President, Yoga in Daily Life & Sri Swami Madhavananda World Peace Council, UN NGO Representative

Ishita Contractor, Chief Executive Divyanagari & Coordinator, Brahma Kumaris Center, Navrangpura, Ahmadabad, India

Representative of the Mission of India (Invited)