

## Important Information about Your Cigna Dental PPO (DPPO) Plan

The United Nations would like to take this opportunity to remind you about some of the dental plan features available to you through your Cigna DPPO plan. Please see the details below.

### Increase Your Annual Plan Year Maximum by Receiving Preventive Care Services

Receiving regular dental care can not only catch minor problems before they become major and expensive to treat – it may even help improve your overall health. With your Cigna DPPO plan, you'll be rewarded for receiving preventive care, such as oral exams and dental cleanings, throughout the year. If you visit a dentist in the Cigna Network, you can receive three oral exams and three cleanings covered at no cost to you.

And don't forget, with Cigna's *WellnessPlus*<sup>SM</sup> Progressive and Regressive feature, **when you or your family members receive any preventive care by June 30 in one plan year, your annual plan year maximum will increase by \$100 in the following plan year, which begins July 1**, allowing you to build your dollar maximum for other services you may need in the future.

Year after year, when you remain continuously enrolled in the Cigna DPPO plan and continue to receive preventive care, your plan year maximum will increase in the following year, until it reaches \$2,550. Note that only those who receive preventive care will be rewarded with an annual dollar maximum increase.

While enrolled in the Cigna DPPO plan, if you continue to receive preventive care, the schedule of plan year maximum increases will be:

Year 1: \$2,250  
Year 2: \$2,350\*  
Year 3: \$2,450\*\*  
Year 4: \$2,550\*\*\*

\* Increase contingent upon receiving preventive services (Class I) in Plan Year 1. \*\* Increase contingent upon receiving preventive services (Class I) in Plan Years 1 and 2. \*\*\* Increase contingent upon receiving preventive services (Class I) in Plan Years 1, 2 and 3. For each year a Class I service is not utilized, your annual max will drop to the prior level.

### Register on myCigna.com to Access Plan Details, Claims, and Much More

If you haven't already done so, remember to register for myCigna at [www.myCigna.com](http://www.myCigna.com). MyCigna is Cigna's easy-to-use website that allows you to access your personalized dental information with just a few mouse clicks.

You can do the following on myCigna:

- Review current coverage and claim history
- Find a dentist or specialist
- Check dental costs using the Treatment Cost Estimator
- Print temporary ID cards
- Take interactive oral health assessments

MyCigna is also available as a Mobile App if you rather review your dental information on your smartphone. The myCigna Mobile App can be downloaded from Apple's App Store<sup>SM</sup> or Google Play. Please note that some myCigna features available on the website may not be available on the Mobile App.

### Cigna Customer Service Is There When You Need Us – 24/7

If you have questions about your coverage, concerns about a claim or just need help locating a dentist or specialist, don't hesitate to contact Cigna at **1.800.747.UNUN (1.800.747.8686)** – Cigna's dedicated line for the United Nations. Customer service representatives are available 24 hours a day, 7 days a week to assist you.

**GO YOU**



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